Dear friends and families

We look forward to seeing as many of you as can make it **tomorrow evening Thursday 21st May at 7 pm in the Dominican building** when we are once again joined by acclaimed educationalist Mark LeMessurier for a conversation about how we work together as community to ensure that “Every Face has a Place” at St Therese. A flyer went out to all families last week and we welcome you all. There is a crèche provided. For more information on Mark’s work please visit his website at [http://www.marklemessurier.com.au/](http://www.marklemessurier.com.au/).

The **School Board Facility Development survey** closes tomorrow - **Thursday 21st May** – please have a say. [https://www.surveymonkey.com/s/F52LS5B](https://www.surveymonkey.com/s/F52LS5B)

The results thus far are reflective of the plans we have - so that is exciting. The board met last night and will hold an extraordinary meeting next week to analyse the results of the survey and will feed back the results in next fortnight’s Inter Nos. We welcome interested community members to consider participation in the sub committees which will be formed from this survey.

**Student Disco** – Friday 29th May in the Dominican building. For the safety and security of our darling students, this is a ‘lock in’ and will be fully supervised by St T’s fabulous volunteers and school staff. Parents and siblings can wait in the library where tea and coffee will be provided for adults - siblings can chill out in Room 8 with dvds and passive play (lego, drawing, colouring etc). Please note, parents will need to be with their children.

**Reception to Year 2 student disco** is from 6 – 7 pm and Years 3 – 7 is 7:15 – 8:30.

Tickets will be sold at school on the mornings of Wednesday 27th May, Thursday 28th May and Friday 29th May, next week. Students can also make a song suggestion. There will be a raffle for an Entertainment Book, tickets available when disco tickets are sold, as well as in the library on the night. All proceeds to go to the Fete fundraising. Gavin MacAloney will once again be our amazing and talented DJ. We look forward to a fabulous night of dancing and fun.

**Upcoming Cluster Parent Workshops.** Please note the flyer in this edition of the Inter Nos welcoming you to a presentation on 4th June with Bill Hansberry who will present on the topic of Resilience at St Thomas School, Goodwood from 7-8pm. Have a look at Bill’s work on his website at [www.hansberryec.com.au/](http://www.hansberryec.com.au/)

We have plans to offer a parent session on Cyber Bullying and later in the year hope to offer Centacare’s Positive Parenting workshops.
Cluster Uniform Feedback
The common issues are around:
- Cut of Shirt, Quality of Materials – hems coming undone/polo top fabric is pulling
- Girl’s pinafore bibs should only be for R - 2
- Larger sizes should be skirt not a pinafore for Year 3-7
- Tie – two sizes?
- Bags - need for a larger bag?
All of this information has been given to the manufacturer via our Vinnie’s representative, thank you for the candid feedback. We will be inviting interested community members to form a sub committee to look at our local needs. More information to come.

Children’s University – Hannah, Iva and I have more information about this and are happy to have conversations with interested parents to talk about what this means for your children. Iva and I would be happy to host a morning and/or afternoon conversation with you to discuss possibilities. Please let me know via email or note what would best suit you. amorrison@sts.catholic.edu.au
One of our wonderful parents has expressed interest in hosting a Chess Club which is an example of a potential Children’s University accredited activity. Your child may be a part of a sport or community group which can also be validated as a Children’s University activity. Basically it can be any activity which is done outside of school time such as before school, lunch time, after school, weekend or holiday time. I encourage you to have a look at the Children’s University website, http://childrensuniversity.com.au/

I wish you all a wonderful fortnight ahead.

Best wishes
Angela

Jesus stood up and exclaimed, “Let anyone who thirsts come to me and drink.” John 7:37

Feast of Our Lady Help of Christians:
Next week we celebrate the feast of the patron of Australia - Our Lady Help of Christians. You are invited to join us at Mass on Monday 25th May at 9.00am in the Church of St Therese of the Infant Jesus along with all classes for this special feast day.

St Vincent de Paul:
The school community outreach initiative each term focuses on asking students to consider the situations of others and giving of themselves. Making contributions to those in need may be one manner in which students may come to appreciate the importance of outreach in communities. The Vinnies Appeal was launched at our School Assembly on Monday 11th May and clothing bins for clothes and warm blankets will be near classrooms and the front office area until Wednesday 27th May. You are thanked for your generosity.

Sacrament of Reconciliation:
The celebration of the Sacrament of Reconciliation will be held at the Colonel Light Gardens Parish Church on Thursday 28th May at 7.00pm. You are all invited to share in this special time with our candidates.

Class Liturgies:
Sharing in a class liturgy is a way of sharing our faith and also an opportunity to deepen our understanding of the importance of our relationship with God. Rooms 2 and 3 have organised a liturgy for their classes on Wednesday 27 May at 9.00am in the Dominican Building. You are all most welcome to join in this special reflection with the Room 2 and 3 children.

Principal for a Day
All Year 7 students have been invited to apply to be Principal for a Day on Wednesday 3rd June alongside our current Principal Miss Angela Morrison. The application involves students outlining their reasons for wanting to take this position for a day and the influence they may wish to have on our school community. The Student Principal will possibly be involved in meetings with staff, visiting classes, exploring any concerns that may arise on the day and addressing the whole school cohort at assembly in the afternoon.
We look forward to the opportunity of sharing the leadership experience with the successful candidate.
May the warmth of God’s love remain in your hearts

Iva Denton
APRIM
Athletics - What a wonderful turn out we have had at Athletics trainings during lunch times on Wednesdays and Fridays. I am hoping to announce the squad this week. Well done to all students who have given their best at these try outs. Please remember that the Athletics Carnival is a competitive carnival and it’s therefore important to fill the squad with the most competent in each age group. If you do not make the squad, please do not be disheartened, you gave it your best and I strongly urge you to continue trying out next year! The carnival is in Week 6 – Friday 5th June – coming up fast…….a reminder it’s on the Pupil Free Day.

St Therese Winter Sport - Our winter sport teams are now all up and playing with the start of the soccer season last weekend. We have netball on Monday nights, basketball on Tuesday nights and soccer on Saturday mornings. Well done to you all…..I'm excited to come out and see you all play very soon! See the exciting game results listed below……

St Therese Soccer May 16th
On a very warm Saturday morning all sides played at Mortlock Park. The under 8’s played Colonel Light Gardens in what was for most of the team their first game for St Therese. The team achieved a well-played two all draw. Antonio scoring two goals for St Therese. The under 11’s played Mitcham primary and at half time things were against the home team being down two goals to zero. The second half saw St Therese turn things around kicking six unanswered goals to win six goals to two. The goals were shared with Harrison and Will kicking two and singles to Samuel and Ermius. The 6/7 Seniors team played Colonel Light Gardens in the last match of the day and in a close match the game ended in a two all draw. Single goals scored by Christopher and Harrison. Congratulations to all the players.

Big thankyou to the people who helped with the pitch set up, lines people, referee and the all-important oranges. Can everyone please check the roster to see when you have been rostered to help. If you have been rostered for pitch set up please make sure you arrive at 7.45am to set up the pitches.

Gareth Gray

PE lessons - We are coming to the end of our 5 week skills unit. Junior Primary are completing a Skipping skills program and Years 3-7 an AFL skills unit. We have been very fortunate to have been able to work with Daniel Joyce from West Adelaide Football Club. See images below. The following 5 weeks will see the Junior Primary working on Ball Skills and the Years 3-7 involved in Netball/ Basketball.

Soccer Clinics - Our Junior Primary classes were involved in a fun and active soccer clinic last week. This clinic is continuing straight after school on Wednesdays at Mortlock Oval. Flyers were handed out last week - if you didn’t get one and your child is interested, please come and see me or Mrs Peterson/Mrs Anderson at the front office. See images below……

SAPSASA Netball - We wish Nadia and Cameron all the best at the SAPSASA Netball Competition next week. We are very proud of you both!

Yours in sport, Barbara Mee
School Banking Rewards now available! Term 2

These new rewards have just been released for Term 2, and are available while stocks last:

- Invisible Ink Martian pen
- Intergalactic rocket
- Planet handball and ET DVD are still available, while stocks last

For every deposit made at school, no matter how big or small, students will receive a cool Dollarmites token. Once students have individually collected 10 tokens they can redeem them for these exclusive School Banking reward items in recognition of their continued savings behaviour. There are 2 new items to come each term!

Once a child is eligible for a reward, the ten silver tokens will be swapped for a gold token for your child to keep. A rewards card will also be issued for your child to select their Space Saving Reward. Please return the card with their banking the following week and the reward item will be ordered. Please note that delivery can take up to 2 weeks.

Thanks you for supporting School Banking at our School!
Sustainability at St Therese

We are asked to consider the earth as God’s Creation and view our efforts in creating sustainability within our everyday lives for the future benefit of all our children. Our school community has embraced this concept through various initiatives which have been guided by our YELP (Youth Environment Leaders Program) group of students which includes Joanne, Jorja (absent in photo below), Luka and Beau.

Our answer to the call from Pope John Paul II to “demonstrate the nobility of the human vocation to participate responsibly in God’s creative action in the world” (Pope John Paul II in his Message for the XXIII World Day for Peace in 1990) is seen through our sustainability initiatives. We encourage students to discover ways to engage within our school environment in a way which supports sustainability.

One of the major projects proposed for this year is the relocation of the vegetable patch into an area which will facilitate better drainage.

It is hoped that the redevelopment of this area near OSHC will enable students keen to participate in growing fruit and vegetables in an area where they are able to enhance their skills and expertise.

Further updates on the redevelopment of this area will be posted in future issues of the Inter Nos.
Mother’s Day Stall

Thank you to all the people who made our stall successful.

- Tonya Greening (Emmerson’s Mum – Room 1) – “Master Potter”
- Everyone who donated crockery, succulents, soil and pebbles
- And of course all our customers

We raised $540 which will go towards the development of a school vegetable patch.

Remember, the succulents only need a light spray of water every week.

Graeme Crossman

Hi everyone,

The fete committee have an entertainment book and some yummy chocolates to raffle, we will be selling tickets at the disco and the results will be in the following internos.

Only $1.00 per ticket so hope to see you at the disco.

From the fete committee

Why YOU may need the 2015/2016 Entertainment Book!

- Planning a holiday this year, save $$ on accommodation, theme parks and hire cars.
- Those planning a trip to Queensland take particular note of the many ways to save!
- Discover the exclusive offers from Virgin Airlines and Emirates Airlines for amazing value when you fly.
- Use Wish and Cellarmasters cards and Pantry Packer to shop and save on purchases- including petrol (wish) - limitless buys.
- Enjoy hundreds of 2-for-1 deals and up to 50% off offers from Adelaide restaurants and cafés.
- Treat yourself to a shopping spree at David Jones with a brand new exclusive offer.
- Shop at Drakes Foodland and receive 5% off your shop (12 visits).


What are you waiting for? Every book sold contributes $13 to St. Therese School visit the link to order.

Jacki Daws-Van Deventer on behalf of St Ts Committee

Blended Families – Survive & Succeed
Wednesday 27 May and 3 June 7.30pm
Presenter Vina Hotich
Combining families has lots of potential for both good and challenging times. Over 2 sessions Vina offers strategies to keep focused on what is working, and to identify where new tactics could help. The second session will focus on common issues identified by the group at the first session. The following one should also be very popular – and may well sell out so could be good to get in early.

Help Kids Navigate Sibling & Peer Rivalry
Wednesday 10 June 7.30pm
Presenter Bill Hansberry - co-author of Raising Beaut Kids: Recipes for parents on when to say ‘yes’ and how to say ‘no’. What fuels rivalries, and how do adults unwittingly compound the issues? Bill has some practical strategies and ideas to help you identify when to step in, or when to step back and just observe your kid’s conflicts. Learn some tips on how to help them take ownership of solving their own problems.
Bookings online at [www.effectiveliving.org/positive-parenting](http://www.effectiveliving.org/positive-parenting)
For those who like using facebook and sharing information our page is [https://www.facebook.com/pages/Effective-Living-Centre/352533964887062](https://www.facebook.com/pages/Effective-Living-Centre/352533964887062)
Hi, Volleyball SA and Volleyball Australia are pleased to announce international volleyball is coming to Adelaide later this month. World League international Volleyball comes to Adelaide on May 29th/30th at Adelaide arena. Over two huge nights Australia clash with Italy in the Pool A world League Clash!

You have been a great supporter of Junior Volleyball in the state. We have worked with Volleyball Australia to bring a special school and club group offer! * This offer is for the Saturday match only

School Group offer! Tickets $10! (*Saturday 30th May match only)

Ticket orders must be placed by email to steven@volleyballsa.com.au by 17:00 this Friday May 22!

This is a great chance for your students and junior players to see this great game played at the highest level. Apart from being a great spectacle and night of entertainment, young players can see these extraordinary athletes in action and develop Volleyball hero’s.

This may be your only opportunity to see the Italian National team (reigning Bronze Olympic medallists) play in Australia. The Aussie Volleyroos are setting themselves for a huge game at Adelaide Arena for what is essentially a London Olympic rematch;

- Volleyball is the second biggest sport on the planet.
- Volleyball is the most popular sport at Rio even beating Soccer by 25%.

Furthermore, please promote to your network and see link below for individual tickets.

You don’t need to enter a ballot to get tickets for this event — just grab some tickets from Ticketmaster and enjoy a world class game.

See you there!

Regards
Steven Freeling
Youth Competitions and Development Manager
Volleyball SA

Principal’s Tours for 2015 will be conducted in:
Term 2 on Wednesday 27 May at 9:15am & Thursday 28 May at 4pm
Term 3 on Thursday 20 August at 9:15am
Term 4 on Tuesday 10 November at 9:15am

Sacred Heart College Middle School
St Katharine School in the heart of SHCMS
Karen Wattle, PA to the Head of SHCMS
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Phone: 08 8276 7077 Fax: 08 8374 1619
kwattle@shcms.sa.edu.au Website: www.shcms.sa.edu.au

Find us on:

LOST – a Fitbit (step counter) on a green rubber wrist band, if found please take to the Front Office.
BECAUSE CHILDREN ARE NOT LITTLE ADULTS YOU NEED TO DRIVE WITH CARE AND CONCENTRATION NEAR SCHOOLS

WHY ARE CHILDREN AT RISK

- Their size means that sometimes they cannot easily see or be seen in traffic.

- Parked vehicles, light poles and other street furniture all block a child's view of the road and also make it difficult for drivers to see them.

- Their concentration is limited and they are easily distracted.

- Their actions are often spontaneous and unthinking (that's why the will dart out on to the road to fetch a ball or weave about when riding their bikes) without checking to see if vehicles or pedestrians are coming.

- Their sight is not fully developed, especially their ability to "scan" for things.

- They are lacking the ability to estimate the speed of vehicles, the gap between vehicles, where a vehicle is coming from or how far way it is.

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HOW YOU CAN HELP YOUR CHILDREN

FOR UNDER 5 YEARS
Make sure your children have reliable supervision at all times when in or near traffic, especially when crossing roads.

FOR 5 TO 8 YEARS
Help your children to become familiar with all aspects of the road environment - signs, traffic lights and crossing places.
Teach them cycling skills in a safe area - in a park or playground etc.
If they are riding a bike to school, plan a safe route for them to take.

FOR 9 TO 12 YEARS
Take the time to explain the road rules in simple terms e.g.: Right of way, what to do at intersections etc.
Go for bike rides with your children to make sure they have safe cycling behaviour.

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ABOVE ALL, BE CAREFUL WHEN YOU ARE DRIVING NEAR SCHOOLS, THE SAFETY OF ALL CHILDREN DEPENDS ON YOU
Cluster Schools of St Thomas, St Joseph’s & St Therese
invite you to attend a

Parent Workshop
Presented by Bill Hansberry
Co-author of Raising Beaut Kids: Recipes for parents on when to say ‘yes’ and how to say ‘no.’

Being the Best Resilience Coach for Your Kids
- so they can manage life’s ups and downs

Date: Thursday 4 June
Time: 7pm-8.30pm
Venue: St Thomas School & Preschool
10 Rushton Street, Goodwood in the Mercy Hall
Parking available in the Holy Cross Church Car park

When we think about it, we remember that it’s the very nature of life to throw disappointments and setbacks at us from the moment we struggle down the birth canal to our very last breath. The painful truth for us all is that this of course is also true for our children. It was once said that life is a contact sport. I think this is true! Trying to push every obstacle out of our kids’ way and eliminate every hardship in kids’ lives is exhausting and downright harmful to their emotional development. As tempting as it is!

Is there a sure fire list of things we can do to strengthen our kids’ resilience? Well, it depends on who you talk to. What we can say confidently is that our kids watch us very carefully. Every day, every moment, we are modelling to our children how to react to, and how to think about life’s challenges and hiccups.

For more information on Bill’s work please visit his website: www.hansberryec.com.au

NAME: ____________________________

Number attending: ________________

I would like to book into the following workshop

Being the Best Resilience Coach
Thursday 4 June at 7pm-8.30pm at St Thomas School & Preschool Mercy Hall.
OUR SCHOOL SPONSORS

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